



VALLEY REAL LIFE

Ephesians - One in Christ

Last Week

Did you meditate about living more in God's grace from last week?

Opener

Consider a time when you felt like an outsider. How did you overcome that feeling, or how did someone help you feel included?

Questions

How do you think the early church in Ephesus dealt with the challenges of merging different cultural and racial backgrounds?

What are some practical ways we can break down the "walls of hostility" in our lives today?

How can we promote unity without falling into the trap of expecting uniformity?

In what ways does Jesus bring peace into your personal life and the broader community? What can we do to help promote peace in the community around us?

Reflect on a situation where you experienced or witnessed hospitality overcoming hostility. What impact did it have on you or others who witnessed it?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Ephesians 2:14-16 (NLT)

For Christ himself has brought peace to us. He united Jews and Gentiles into one people when, in his own body on the cross, he broke down the wall of hostility that separated us. He did this by ending the system of law with its commandments and regulations. He made peace between Jews and Gentiles by creating in himself one new people from the two groups. Together as one body, Christ reconciled both groups to God by means of his death on the cross, and our hostility toward each other was put to death.

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray